

Prevention of Injuries to Soldiers during Initial Entry Training: A Users' Conference to Prioritize Injury Prevention Efforts

General. A users' conference entitled *Prevention of Injuries to Soldiers During Initial Entry Training (IET): Prioritization of Injury Prevention Efforts*, was held 19-20 October 1999, at the Floyd Spence USAR Center, Building 13000, Fort Jackson, SC. The conference was sponsored by Fort Jackson, the AMEDD Center and School, and the U.S. Army Center for Health Promotion and Preventive Medicine (CHPPM).

Purpose. The two-fold purpose of the conference was to:

- Provide a forum where command representatives, medical providers, and medical researchers could address injuries in the IET setting.
- Initiate a process to develop an injury prevention and control strategy.

Actions Taken.

- Work groups were formed to address the five areas of concern: medical care, research, injury prevention training, pre-basic combat training, and the way we train. Each work group described the "as is" and "to be" situations; recommended goals, tasks with points of contact, and timelines; and, identified key issues for general officer consideration.
- MG VanAlstyne reviewed the "A" priorities and agreed to address the following:
 - Establish and resource a formalized and standardized IET PTRP program at all IET installations.
 - Incorporate IET Injury Prevention Training into all programs of instructions for PCC, CTC, DS School, and any cadre level school.
 - Develop surveillance systems (identify and link appropriate databases). Pilot Systems: MTS/ADS Fort Jackson, Fort Sam Houston.
 - Initial physical assessment and training plan at recruiting station.
 - Change recruiter quota system.
 - Establish a quality profile PT program for all IET units based on installation resources.
 - Revise the Drill Sergeant MFT curriculum to be battle focused & hands-on for the IET environment.
 - Develop and standardize a BCT profile form and an AIT site-specific profile form.
 - Review and update FM 21-20 to include injury prevention.
 - Coordinate research efforts: identify test beds; allocate resources; and prioritize research topics.

Recommendation. Under the leadership of the Commander, U.S. Army Training and Doctrine Command, form an IET Committee (refer to TRADOC Regulation 71-9). The committee should have representation from the TRADOC and medical communities and be chartered to continue developing the injury prevention and control strategy outlined herein.

After Action Report.

- These proceedings appear on the CHPPM web page at <<http://chppm-www.apgea.army.mil/services/dedsdir.htm>>.
- Copies of the proceedings have been forwarded to DoD Injury and Occupational Illness Prevention Committee (IOIPC).

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